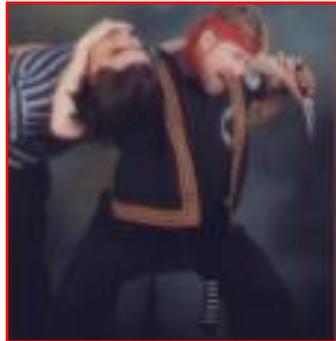


COMJUKA-KALI SYSTEMS

Filipino-American School of Combat Arts

School Charter No. 003

Offered are classes in stick and knife training in the traditional Comjuka method. We guarantee you'll walk away with your first lesson with tools to defend yourself from a weapon wielding attacker.



Call me to ask about group or private lessons or to inquire about my *Kali Aerobics*. We are located in beautiful Salem, Oregon.

Call/Text (254) 290 – 4376



UNITED STATES KALI ASSOCIATION INCORPORATED



Pito Antas Guro Dennis
7th Degree Blackbelt/Instructor
Oregon State Director of the
Filipino Martial Arts Hall of Fame
Salem, Oregon

Kali – The Warrior Art of the Philippine Islands

Kali (*also known as Arnis and Eskrima*) is the indigenous martial art of the Philippines. Kali has been heavily influenced by the martial of the countries that have effectively defended their homeland against invaders from China, Japan, Korea, Indonesia and other countries. These countries sought to reap the rewards of the beautiful tropical islands, so it is obvious that the Filipino fighters developed a martial philosophy that allowed them to conquer fierce warriors from a wide variety of fighting disciplines.

Although Kali is a formidable fighting art with empty hands it is mostly known for its use of the rattan sticks and its impressive and deadly knife techniques that can be used at long range, medium range and short range (grappling is a large part of Comjuka-Kali).

Comjuka-Kali training with Guro Dennis will give students an exceptional knowledge of:

- Stick fighting tactics
- Knife fighting tactics
- Weapons awareness
- Weapons disarms
- Police defense tactics
- *And Sikaran (For children over 9 years)*

Please contact Guro Dennis Watkins if you would like to learn more about **Comjuka-Kali** or would like to participate in my **Kali Aerobics**.

About our Grandmaster Tuhon Gaudiosa Ruby



Grandmaster Gaudiosa Ruby was born on December 28th in 1944 in Cebu City. Suffering the poverty that is prevalent in working class Filipino families her young life was relatively uneventful until the day she became a victim of rape. Being a preadolescent at the time of the attack she dealt with it as best she could until tragedy struck again. She was raped a second time several years later. “That’s when I decided to quite depending on others to protect me,” says the adamant Gaudiosa reflecting back. Although she’d been raised around knife and stick fighters she turned to Karate for her defensive needs. She rapidly earned rank in **Wado-Ryu** and **Gojo-Ryu**. She later found herself impressed with the softness and

gracefulness of Chinese techniques and studied **Kung Fu/Kuntaw**. Throughout her martial arts career Grandmaster Ruby was forced to overcome prejudice. “I always had to prove I knew what I was doing because I am a woman and I am small.” After years of study and hard work in various arts she returned to the art of **COMJUKA** from her home country the Philippines.

Comjuka-Kali Systems is a combination of family arts including Edgar Sulite’s **LAMECO** and Ner Reodica Jr’s **Laban Tulisan** blended with **COMJUKA** (Combat-Judo-Kali) which incorporates stick and knife fighting tactics from all systems with effective grappling techniques with and without weapons.

Grandmaster Ruby is currently the only woman Grandmaster in the world teaching Kali. Grandmaster Ruby is also called the “Queen of Filipino Martial Arts.” The major benefits of training in her program are the increased self confidence that comes with serious self-defense training, muscle toning, increased awareness, and the ability to handle stressful situations effectively. Who knows, you too could eventually even get nominated into the Filipino Martial Arts Hall of Fame.

“Salamat”

